

Mark Mathew BRAUNSTEIN

Paper-Published **WRITINGS** (not Photographs)

www.markbraunstein.org/bibliographies.htm

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❖ **BOOKS**

RADICAL VEGETARIANISM: A Dialectic of Diet & Ethic

- © Panjandrum Books, San Francisco, 1981, 1983, 1988
- © Panacea Press, Quaker Hill, CT, Revised Edition, 1993
- © Lantern Books, NYC, 30th anniversary edition, 2010
<http://www.lanternbooks.com/detail.html?id=9781590561515>
- © Google Books: <http://books.google.com/books?id=H7MsAAAYAAJ&pgis=1>
- © amazon.com with *Look Inside*: <http://www.amazon.com/Radical-Vegetarianism-Dialectic-Diet-Ethic/dp/1590561511/>

SPROUT GARDEN: Indoor Grower's Guide to Gourmet Sprouts - photos by author

- © Book Publishing Company (a/k/a Healthy Living Publications), Summertown, TN, 1993, 1995, Revised Edition 1999, 2002, 2007, 2011
<http://www.bookpubco.com/products/sprout-garden>
- © Panorama Editorial, Spanish translation, **El Jardin de los Germinados**, 1995
- © Google Books: <http://books.google.com/books?id=pK21l-CC7tsC>
- © amazon.com with *Look Inside*: http://www.amazon.com/Sprout-Garden-Mark-Mathew-Braunstein/dp/1570670730/ref=pd_sim_b_1_img

❖ **Edited BOOKS & inclusions in BOOK ANTHOLOGIES**

Life in the 21st Century – 21st Century Publications, 1981

- © *Into the Ate-ies & Fasting, Chlorophyll and Color* – 2 essays chapter contributor

Art Index -- Volumes 28, 29 & 30 – H.W.Wilson, NYC, 1980-83 – *assistant editor*

- © www.hwwilson.com/Databases/artretro.htm

Slide Buyers' Guide: An International Directory of Slide Sources for Art & Architecture

- © Libraries Unlimited, 1986 – *co-editor* (1990 edition re-titled **Image Buyers' Guide**)

Kafka Kaleidoscope: Essays, Poetry & Fiction – Birch Bark Press, 1999

- © *Prague, 1974* – essay chapter contributor
 - © amazon.com with “search inside”: www.amazon.com/Kafka-Kaleidoscope-Martin-Wasserman/dp/0913559520/ref=sr_1_1/102-6927949-2064927?ie=UTF8&s=books&qid=1181181476&sr=1-1

❖ **Book ANTHOLOGIES** continued

From There to Here: Stories of Adjustment to Spinal Cord Injury - No Limits
Communications, 2004

⊙ *Take the Pain* – essay chapter contributor

⊙ amazon: http://www.amazon.com/There-Here-Stories-Adjustment-Spinal/dp/0971284229/ref=si3_rdr_bb_product

❖ **Edited PERIODICALS**

The Trumpeter: Journal of Eco-Philosophy – Fall 1990, Volume 7, Number 4

⊙ Twelve article anthology of *Wild Life & Human Life* – guest editor

⊙ web reprint: <http://trumpeter.athabascau.ca/index.php/trumpet/issue/view/51>

Inside Information – semi-annual newsletter of the Connecticut College Library

⊙ co-editor & contributor 2004 to 2008; full downloads at: <http://digitalcommons.conncoll.edu/isnews/>

❖ **MAGAZINE ARTICLES** listings on this page in ascending chronological order

Treating Yourself: The Alternative Medicine Journal (Canadian medicinal marijuana magazine with many scholarly articles) entire issue downloads at:

<http://treatingyourself.com/expo/wordpress/?p=25>

⊙ *Cannabis Therapeutics: A Report on the 2010 Conference* – 4 pages, Issue 23, Summer **2010**, includes also many photos and captions by the author

⊙ *A Walk on the Wild Side: Paraplegia & Marijuana* – 4 pages, Issue 16, Spring **2009**

⊙ *How to Reduce the Health Risks of Smoking Marijuana* – 8 pages, issue 13, Fall **2008**

⊙ web reprint: <http://ripatients.org/news/oct08enews> then scroll to number 3

⊙ also at: <http://www.medicalmarijuanapatient.org/Patient/HowToReduceRisks.pdf>

Vegetarian Voice: Perspectives on Healthy & Compassionate Living

⊙ *Microgreens: How to Grow Tender and Flavorful Leafy Vegetables at Home* – cover story & 4 pages, Winter **2011**, includes cover and article photos by the author

⊙ *Milk: Utter Truth & Utter Nonsense* – 2 pages, Summer 1985

⊙ *What is the Vegetarian Movement?* – 1 page, Summer 1987

⊙ *Sprouts* feature article – 4 pages, Spring 1990, includes photos by the author

Healing Our World: The Magazine of the Hippocrates Health Institute, entire issue downloads at: <http://www.hippocratesinst.org/magazine>

⊙ *Walking toward Fitness: For Walks of All Ages and from All Walks of Life* – 2 pages, Sept-Oct **2011**, Volume 31, Issue 3

⊙ *How to Grow Microgreens: Cheaply, Cleanly, and Easily* – 4 pages, Nov-Dec **2010**, Volume 30, Issue 4, also 3 photos by the author

❖ **MAGAZINE ARTICLES** continued

New Mobility – the best of way too many cripple magazines

- ⊙ *My Year of the Deer* – chronicle about photographing a family of deer – in Oct 2011
 - ⊙ 1st paragraph teaser: <http://www.newmobility.com/articleView.cfm?id=11983>
- ⊙ *Sex & the Single Male Cripple* – in Valentine's issue, February 2009
- ⊙ *The Love Buggy* – satire about a sex toy in Valentine's issue February 2008
 - ⊙ 1st paragraph teaser: www.newmobility.com/articleView.cfm?id=11087
 - ⊙ web reprint: <http://www.intimaterider.com/images/LoveBuggy.pdf>
- ⊙ *Can Bee Venom Cure? and other Moral Tales of Nutritional Remedies* – in Nov 2007
 - ⊙ 1st paragraph teaser: www.newmobility.com/articleView.cfm?id=11016

The Day of New London – daily newspaper for Southeast Connecticut

- ⊙ *Lives Won't Go Up in Smoke if Marijuana Used Medicinally* – editorial in May 31, 2007
 - ⊙ many web reprints, two at: www.safeaccessnow.org/article.php?id=4688
& www.mapinc.org/drugnews/v07/n672/a11.html

The Hartford Courant – top front page of January 12, 1997 Sunday EDITORIAL section

- ⊙ *A Connecticut Paraplegic Tells his Story: Marijuana Works the Best in Easing Pain*
 - ⊙ reprinted in NORML's national newsletter **Pot Pourri** – April 1997
 - ⊙ web reprints: & www.rxmarijuana.com/Braunstein.htm
& www.maps.org/cpr/sci1mmj.shtml & <http://rxmarijuana.com/wp/?p=44>

Animal Issues: The Magazine of the Animal Protection Institute (now merged with Born Free)

- ⊙ *Roadkill: Driving Animals to their Graves* – cover story, Fall 1998, with photos by author
 - ⊙ web reprint: www.geocities.com/andy_k_250/ModernTransportation.html
- ⊙ much edited web reprint: <http://www.culturechange.org/issue8/roadkill.htm>

East West (now called **Natural Health**)

- ⊙ *Symphony of Sprouts* in March 1984, includes photos by author
- ⊙ Book review: *Breatharianism* in March 1985
- ⊙ *How Our Food Choices Affect Wild Animals* – feature article in Feb 1990

Vegetarian Times

- ⊙ *Letter from Dachau* in Sept-Oct 1979
- ⊙ *The Future of Vegetarianism* in Jan-Feb 1980
- ⊙ *On Being Radically Vegetarian* in March 1980
- ⊙ *Vegetarianism in Art* cover story in Sept 1980; reprinted on web at:
http://books.google.com/books?id=JwcAAAAAMBAJ&pg=PA20&dq=%22vegetarian+times%22+%22Mark++Braunstein%22&lr=&as_drr_b_is=q&as_minm_is=0&as_miny_is=&as_maxm_is=0&as_maxy_is=&num=50&as_brr=0&ei=6r3TSu7WFZ-AywTr1PSzCg#
- ⊙ Book reviews: *Total Vegetarianism* and *Ahimsa* in March 1982
- ⊙ Book review: *Judaism and Vegetarianism* in June 1983; reprinted on web at:
http://books.google.com/books?id=PwgAAAAAMBAJ&pg=PA58&dq=Mark-mathew-Braunstein+%22vegetarian+times%22&lr=&as_drrb_is=q&as_minm_is=0&as_miny_is=&as_maxm_is=0&as_maxy_is=&num=50&as_brr=0&ei=Er_TSuX-PIP-ywTe77DpDQ#v=onepage&q=&f=false
- ⊙ *Discover the Sprouting Life* feature article in Aug 1983, includes photos by author

❖ **MAGAZINE ARTICLES** continued

Animals' Agenda: International Magazine of Animal Rights & Ecology

- ⊙ Book review: "The Criminal Prosecution of Animals" in Dec 1988
- ⊙ Poetry book review: "On Speaking Terms with Earth" in Jan 1989
- ⊙ Poetry book review: "Recipes for Flesh" in Jan 1990
- ⊙ Book review: "Famous Vegetarians" in April 1991

Backpacker: The Magazine of Wilderness Experience

- ⊙ "Walking on Water" feature article about fasting while hiking, in May 1988

The Trumpeter: Journal of Eco-Philosophy

- ⊙ Poem: "White Mountain, White Light" in Summer 1990
 - ⊙ web reprint: <http://trumpeter.athabascau.ca/index.php/trumpet/article/view/481/805>
- ⊙ "The Beast in the Belly" in Fall 1990
 - ⊙ reprinted in **Berkeley Ecology Center News** March 1991
 - ⊙ web reprint: <http://trumpeter.athabascau.ca/index.php/trumpet/article/view/470/783>

Between the Species: A Journal of Ethics

- ⊙ "On Becoming Vegetarian" in Fall 1985
- ⊙ reprinted in **Vegetarian Voice** & elsewhere

Auto-Free Times: Revolutionary Ecology & Economics

- ⊙ "Driving Animals to their Graves" (Roadkill) in Spring 1996 – includes photos by author
- ⊙ reprinted in **Satya** in June 1996 & in **Whole Life Times** in April 1998
- ⊙ web reprint: <http://www.culturechange.org/issue8/roadkill.htm>

Country Connections: Plain Talk for Interesting Times

- ⊙ "Slowing to Fast: On Fasting" in Aug 1995
- ⊙ "Why and How to Wean from Cow" in Sept 1995
- ⊙ "Confessions of a Hunt Saboteur: A Real Sab Story" in Nov 1995
 - ⊙ web reprint: <http://www.all-creatures.org/cash/cc95au-con.html>

Health Science: Living in Harmony with Nature

- ⊙ "How to Select Fruit" & "Banana" in March 1986
- ⊙ "Avocado" in May 1986
- ⊙ "Magnificent Mango" in July 1986
- ⊙ "Perfect Persimmon" in Sept 1986
 - ⊙ web reprint: <http://fruchtesser.de/fruit2MB.pdf>

The Mystic Muse: Tales for the New Age

- ⊙ "Famine throughout the Land: Six Palatal Parables" in Spring 1987
- ⊙ "Being and Nothing" in Fall 1987

❖ **MAGAZINE ARTICLES** continued

Lomakatsi: Life in Balance

- ⊙ "The Raw Facts" in Spring 1988
- ⊙ "Avant-Gardening (for Wildlife)" in Spring 1989, includes photo by author

Sprout Letter

- ⊙ "A Sproutarian Seminarium" in Summer 1984
- ⊙ "Superlatively Radical" in Summer 1989
- ⊙ "A Mung among Us" in Fall 1989
- ⊙ "Pioneers along the Sprout Route" in Winter 1990

21st Century Journal

- ⊙ Book reviews: "Confessions of a Medical Heretic" & "Megasyntesis" in Jan 1983
- ⊙ "Three Vege-Tales of Karmic Debt" & "Utter Truth & Udder Nonsense" in March 1984
- ⊙ Book reviews: "The End of the World" & "The Eighth Night of Creation" May 1984

Theosophy

- ⊙ "Rembrandt's Self-Portraits" in Nov 1982

Agada: Judaic Literary Journal

- ⊙ "The City of Kafka" in Winter 1983

Iris: Notes in the History of Art

- ⊙ "Rembrandt's Cologne Self-Portrait" in Dec 1983

❖ **BIOGRAPHICAL LISTINGS**

Who's Who in American Art, published biannually, listed in every volume since 1987

- ⊙ www.marquiswhoswho.com/products/AAproinfo.asp

Who's Who in the East, 1993-94 www.marquiswhoswho.com/products/WEproinfo.asp

Who's Who in the World, 1994-95 www.marquiswhoswho.com/products/WOproinfo.asp

Contemporary Authors

- ⊙ Volume 113 (1985);

www.gale.com/servlet/BrowseSeriesServlet?cf=ps®ion=9&imprint=000&titleCode=CA&page=2

- ⊙ New Revised Series, Volume 50 (1996) & New Revised Series, Volume 105 (2002)

www.gale.com/servlet/BrowseSeriesServlet?region=9&imprint=000&cf=ps&titleCode=CAR&dc=null&dewey=null&edition=